response. For doctors who offer circumcision, see http://www.circumcisionaustralia.org.

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Further information

May be obtained from the following websites:
http://www.circinfo.net
(Brian Morris, AM PhD DSc)
http://www.circlist.com

In conclusion

Circumcision of the male partner confers substantial sexual and medical benefits to a woman. A circumcised male reduces her risk of disease, suffering, medical treatment and premature death. If she is the care giver, as wife or mother, a woman will quite likely need to deal with problems in the uncircumcised male, 1 in 2 of whom will, at some time during their life, develop a medical condition as a result of their foreskin; leading to suffering and, in some cases, death. In contrast, circumcision can prevent most of these.

Male circumcision provides a substantial benefit to public health and individual well-being of women.

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Male circumcision is a simple surgical procedure that removes the foreskin – a sleeve of skin covering the tip of the penis. Women are at much lower risk of disease if their male partner is circumcised.

By encouraging circumcision in lovers, brothers, friends or their own male offspring, women can help protect themselves, other women, and men.
Today, securing the benefits of circumcision for their son is every parent’s legal right. Although infancy is the ideal time for a circumcision, many adult men and teens can be encouraged to seek circumcision for medical, health, sexual, cultural, religious, cosmetic or personal reasons.

**History**

Circumcision has been performed for thousands of years as part of the culture of indigenous people who live in hot environments. Worldwide, approx. 38% of males are circumcised. The practice is almost universal in the Middle East, North and West Africa, as well as in the Pacific islands and various Asian countries. The rate is 66% for Australian-born males and 91% for US-born white men. In the latter countries, circumcision of newborns decreased in the 1970s-80s, but has now risen again following confirmation of the benefits by the latest medical research. In the USA, UK and Australia, higher socio-economic-educational ranking is associated with higher rates of circumcision.

**Benefits to women of male circumcision**

Infectious bacteria and viruses that accumulate under the foreskin are delivered into the female genital tract during sex. Thus when the male partner is circumcised there is:

- A lower risk of genital herpes.
- A 5-fold reduction in risk of being infected by Chlamydia, thus reducing her risk of infertility, pelvic inflammatory disease, and ectopic pregnancy.
- A 2-fold reduction in her risk of genital herpes.
- A lack of malodorous smegma and associated bacteria on the penis during sex.
- No need for concern that the man has phimosis. This condition makes it difficult to have sexual intercourse, because the 1 in 10 uncircumcised men with phimosis cannot get an erection, or experience difficulties and pain.
- Improved sexual pleasure, since women tend to prefer the circumcised penis for appearance, hygiene, increased penile-vaginal contact, greater stimulation, and marginally better staying power during sex. Any of these factors can increase the likelihood of the woman reaching an orgasm.

**Benefits of circumcision to men and boys**

This is the topic of a separate brochure which can be downloaded from www.circinfo.net. A Guide for Parents is also available from this source.

Briefly, male circumcision:

- A reduced risk of other sexually transmitted infections such as HIV (the virus that causes AIDS), syphilis, trichomonas and chancroid, since it is less likely that the male partner has any of these.
- A lack of malodorous smegma and associated bacteria on the penis during sex.
- No need for concern that the man has phimosis. This condition makes it difficult to have sexual intercourse, because the 1 in 10 uncircumcised men with phimosis cannot get an erection, or experience difficulties and pain.
- Improved sexual pleasure, since women tend to prefer the circumcised penis for appearance, hygiene, increased penile-vaginal contact, greater stimulation, and marginally better staying power during sex. Any of these factors can increase the likelihood of the woman reaching an orgasm.

**Risks from circumcision**

- These are virtually all quite minor and very easily treated.
- Pain is minimized by use of a local anaesthetic (plus a mild sedative for older boys and men).
- Sex must be avoided until healing is complete (approx. 6 weeks).

**Important, please note!**

If your partner does decide to have a circumcision, or you decide your son should be circumcised, you need to be aware there are some who oppose it. Some argue that it is unethical to make this decision on behalf of an infant – the same specious argument applies to vaccination. The prevention of future adverse medical conditions is crucial in each case. Some have not yet caught up with the substantial research findings in recent years attesting to the wisdom of circumcision as a highly beneficial, safe prophylactic procedure; this includes some doctors, midwives and nurses.

Also, to make short term cost savings, many tax funded healthcare systems will not cover circumcision until a medical problem has arisen – contradicting their usual policy that ‘prevention is better than cure’. In some places you may therefore have to seek help in the private sector where you will usually find a more sympathetic